

# NASHOBA COMMUNITY PARTNERSHIP FOR CHILDREN

Bolton, Lancaster & Stow

## NASHOBA NEWS 2021-2022



Dear Nashoba Parents,

I hope you all had wonderful summers, with less structure and more free and leisurely times! But as we transition back to the school year, we are reminded of the importance of providing routines in our schedules. As adults, we know how to develop effective routines and habits, or at least we know of places to find the tools to develop good routines and habits. However, our children need our help to have good routines in place.

Children thrive when routines are part of their daily activities. It helps them feel more safe and secure since they know the expectations and what is coming next in their day. It helps children transition from one activity to the next with more ease and cooperation. It also helps with children's learning abilities. For example, children learn language concepts such as before, after, next, first, second,... as well as learn some beginning ideas of the steps needed to complete bigger projects.

Developing morning routines, after-school routines, bedtime routines, etc., will help children and families have fun, healthy, and learning-filled days! Below are some articles to guide you in setting up effective routines for your households.

Wishing you all the best,

Liz Garreffi, MS, CCC-SLP  
Early Childhood Coordinator/Team Chair  
Nashoba Regional School District

[The Practical Magic of Daily Routines](#)

[How to Get Preschoolers Into a Routine After School](#)

If we can be of further help to you please feel free to contact us!

Liz Garreffi [egarreffi@nrsd.net](mailto:egarreffi@nrsd.net)

## **UPCOMING EVENTS AND INFORMATION**



**In-person outdoor storytimes for September held at our local libraries!**

Join Miss Liz for a **FREE** story time with music, movement, and craft activity.

**Friday, September 17, 2021, at 10:30 AM at Randall Library, Stow**

**Thursday, September 23, 2021, at 10:30 AM at Thayer Memorial Library, Lancaster**

## **PARENT SURVEY**

Do you want to learn how to optimize your parenting skills and your child's learning opportunities?

Well, we want to provide the events for experts to share and parents to participate in these discussions. But we need your help!

Tell us how we can best serve you and your family by completing this quick survey.

Thank you!!

**[Survey Link](#)**



**FREE**  
**Discover and Learn Weekly Playgroups**  
*For Children Ages 2-5 Years Old*  
*Led by our Nashoba Regional School District PK teachers*  
*Registration is Required*

**SESSION 1: BEGINNING WEEK OF SEPTEMBER 13, 2021 THROUGH JANUARY 21, 2021**

**MONDAYS 9-10:30 am** at the Mary Rowlandson Elementary School, 103 Hollywood Drive, Lancaster

**MONDAYS** at the Emerson Building, 50 Mechanic Street, Bolton

**FRIDAYS 9-10:30 am** at the Center School, 403 Great Road, Stow

**TO REGISTER:**

Complete the Registration Form: [Registration Link](#)  
and Ages & Stages Questionnaire: [ASQ Link](#)

***\* All students/parents/guardians must wear a mask to participate***



Did you know we offer a free online Ages & Stages Questionnaire to help families learn about their child's development from birth through age 5? The ASQ link below makes it quicker and easier for parents to complete and get results, in about 10 minutes or less! To learn more about your child's

developmental skills and how to enhance your child's development, please complete the ASQ form using this link:

[Questionnaire Link](#)

If you have any questions about the ASQ or would like to discuss your child's development, please contact: Liz Garreffi at [egarreffi@nrsd.net](mailto:egarreffi@nrsd.net)

***JOIN US!***

**Nashoba Community Partnership for Children  
Advisory Council Virtual Meeting  
Tuesday, October 5, 2021, at 2:45 pm**

**Click this link to attend: <https://meet.google.com/bgi-tecm-qad?hs=122&authuser=0>**

Our Advisory Council is a collaboration of parents/caregivers, community members, child-related educators and service providers, preschool professionals, and agency leaders from our community towns of Lancaster, Bolton, and Stow. We meet four times per year to connect and set goals with a focus to improve services for our families with young children. Please join us, at whatever level possible. It's an opportunity to have an active and positive role in your community and in your child's education. New members are always welcome! For more information or if you have any questions, please contact Liz Garreffi, Early Childhood Coordinator, at [egarreffi@nrsd.net](mailto:egarreffi@nrsd.net), or by calling 978-779-0539 x3008.

***Summer Activities***



Families enjoying this summer's Teddy Bear Picnic at Thayer Memorial Library in Lancaster



Our Kindergarten Meet New Friends events in August were enjoyed and well attended at all of our district elementary schools!

## **Bolton Public Library, Bolton**

Click Here To View: [Ongoing Youth Programming](#)

## **Thayer Memorial Library, Lancaster**

Click Here To View: [Ongoing Youth Programming](#)

## **Randall Library, Stow**

Click Here to View: [Ongoing Youth Programming](#)

## **NEW Parent Group**

MAEVE North Central MA is accepting new members, welcoming all guardians and parents. No membership dues are required. Additional information can be found on their website:

[maevenorthcentralma.org](http://maevenorthcentralma.org).

## HELPFUL LINKS

### **Poison Control**

Get **Poison Control** help

ONLINE at <https://www.poison.org/18002221222> or call 1-800-222-1222.

Both options are free, expert, and confidential.

### **Early Education and Care website:**

<https://www.mass.gov/orgs/departement-of-early-education-and-care>

### **WGBH Family Fun at Home link:**

<https://www.wgbh.org/distance-learning-center/family-activities>



The Nashoba Community Partnership for children is funded by the C.F.C.E. Grant awarded to the Nashoba Regional School District by the Department of Early Education and Care to serve the families of Bolton, Lancaster & Stow.

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